# UltraFast & Precise External Beam Monitor for FLASH and Other Advanced Forms of Radiation Therapy

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# **FLASH Radiation Therapy Workshop**

Breakout Session 4, Application Area 3: **Development of improved large-area, ultrafast radiation detectors for real-time FLASH-dose monitoring & FLASH imaging** 

Application and Industry (A&I) working group Snowmass 2021: Community Engagement Frontier (CEF)



# Collaboration: DOE, NIH, academia & industry

- Integrated Sensors, LLC, Peter Friedman (NIH-NCI and DOE-NP SBIR funding)
- University of Michigan, Physics Dept & Medical School, Radiation Oncology Daniel Levin, Nicholas Ristow, Claudio Ferretti (Physics) and Dale Litzenberg (Radiation Oncology)
- Loma Linda University, Biomedical Engineering & Medical School Reinhard Schulte and Vladimir Bashkirov
- Michigan State Univ. & DOE Facility for Rare Isotope Beams (FRIB) Thomas Ginter and Marco Cortesi
- Subcontractors in U.S. and Europe

# FLASH vs. Conventional radiotherapy (RT)

- Conventional external beam radiotherapy (RT): patient typically irradiated for <u>1-2 minutes</u>, for <u>5 days/week</u>, for <u>1-2 months</u>.
- FLASH-RT: patient irradiated for <0.1 second, for 1-4 days, resulting in:
  - > Greatly reduced side-effects
  - > Less tissue toxicity
  - > Lower cost
  - > Better patient satisfaction due to shortened treatment, etc.

# Ultimate Problem – *Radiation induced toxicity*

- Conventional External Beam Radiotherapy (EBRT) is severely limited due to *radiation induced toxicities*.
- Radiation induced toxicities can be <u>reduced</u> by <u>ultrafast</u> delivery of radiation at dose rates <u>orders-of-magnitude</u> greater than used in conventional EBRT.
- This allows much higher radiation dose treatments and *increases the therapeutic index* over conventional radiation delivery.
- This is known as the "FLASH effect".

# Major Problem – *Monitoring FLASH delivery*

- FLASH is ~1000 times faster with *order-of-magnitude* higher dose (e.g., ≥40 Gy) than conventional-RT
- FLASH dose is delivered in < 100 ms. For proton-FLASH the corresponding beam luminosity for this dose is ~10<sup>12</sup> protons/cm<sup>2</sup> s
- Standard dosimetry methods <u>do not work</u> at the radiation intensity of FLASH delivery

# Solution – UFT<sup>™</sup> beam monitor for FLASH-RT

- Ultra-Fast & Transmissive (UFT<sup>™</sup>) beam monitor: Integrated Sensors (I-S) <u>patented</u> materials & designs continuously analyzes FLASH beam every 0.1 ms as patient is irradiated.
- Total water-equivalent thickness of UFT<sup>™</sup> beam monitor for FLASH beam with 100-200 MeV protons is **0.5 mm**, possibly less.
- UFT<sup>™</sup> beam monitor spatial resolution is ~ 0.01- 0.1 mm, depending upon beam intensity, integration time, and energy.

# Benefits: NIH-NCI (Cancer) & DOE-NP (Physics)

- NIH-NCI funded beam monitor program demonstrated FLASH-RT capability for electrons, protons, photons/X-rays and carbon-ions. Can also measure transient particle spikes of 1-100 μs from synchrotrons.
- Funded NIH-NCI and DOE-NP programs led to I-S patented **UFT<sup>™</sup>** beam monitoring technology including *novel scintillator* materials for FLASH-RT and beamline tuning at the DOE Facility for Rare Isotope Beams (FRIB).
- UFT<sup>™</sup> high-vacuum beamline monitor to be demonstrated at FRIB in 2021. System to monitor beam position, shape and luminosity for all nuclei up to U-238, over range from ~ <u>1 x 10<sup>0</sup> to 10<sup>11</sup> pps</u>.



#### Results\* with *electron*-beam: <sup>90</sup>Sr (~1 MeV beta's)\*

\*(Left) - Image exposure = <u>1 sec</u>. Source luminosity at scintillator surface = <u>6.9 x 10<sup>5</sup> electrons/cm<sup>2</sup>-sec</u>. (Right) - ADC spectrum for 100 x 100 pixel fiducial box (1.9 x 1.9-mm)

#### Results for static *proton*-beam at low acceptance



(Left) – Proton beam irradiating a 191  $\mu$ m thick scintillator with <u>1 ms</u> shutter exposure. (Right) – Figure is the Gaussian fitted plot of the Left beam image with a measured beam FWHM is 1.44 mm.



#### Results for <u>80 mm/ms *scanning proton*-beam</u>

(Left) – Background suppressed image of ~2.5 mm diameter proton beam moving at 80 mm/ms, captured in <u>10  $\mu$ s</u> (i.e. shutter speed). Beam intensity corresponds to **FLASH dose rate of 200 Gy/s**. Beam movement in 10  $\mu$ s was 0.8 mm. (**Right**) – Same image as Left, but as a 3D plot with beam intensity profile data added.

## Radiation damage test results with proton-beam

#### Summary of MIBL Proton Beam Accelerated Test Results for 191 µm thick Scintillator

| Dose<br>Rate<br>(kGy/s)  | Beam<br>Energy<br>(MeV) | Total<br>Dose<br>( <b>kGy</b> ) | Scintillator Rad-Damage Observations   |  |  |
|--|-------------------------|---------------------------------|--|--|--|
| 0.11   | 5.4                     | 33                              | No discoloration. Minimal rad-damage, 50% recovery in 4 hours                |  |  |
| 0.20*  | 5.4                     | 59                              | No discoloration. Minimal rad-damage, largely reversible*                    |  |  |
| 3.3*   | 5.4                     | 390                             | Manageable rad-damage. Very slight darkening that eventually disappeared*    |  |  |
| 9.2  | 3.0                     | 490                             | Unacceptable rad-damage. No ablation but rapid fluorescence decrease         |  |  |
| 92   | 3.0                     | 6,100                           | Slow surface ablation and immediate fluorescence decrease                    |  |  |
| 460  | 3.0                     | 15,000                          | Immediate fast surface ablation, burning hole through 60-70% of scintillator |  |  |
| *Rates of 200 & 3,300 Gy/s with minimal rad-damage are well above that required for FLASH-RT |                         |                                 |  |  |  |

Delivered *continuous* dose of 59,000–390,000 Gy, at 200–3,300 Gy/sec (i.e. high-end of FLASH-RT) within 2-5 minutes in a single spot, with minimal to manageable scintillator degradation. Note that 59,000 Gy is equivalent to the full course of treatment for ~ 1,000 patients.

### Results for low-luminosity static *alpha*-source



## UFT<sup>™</sup> beam monitor for FLASH-RT in ambient air environment



- Two *patented* I-S system designs with replaceable large-area scintillators (26 x 30 cm) and UV-LEDs & UV-photodiodes for internal calibration.
- Real-time <u>beam analysis</u> and <u>dosimetry</u> updated at 10,000 fps (i.e., 100 μs/image).



#### **UFT beam monitor performance**

<u>Real-Time UFT<sup>™</sup> Monitor Streaming Readout/Analysis</u>: **0.1 ms**, continuous tracking of downstream beam position, intensity profile, movement, fluence/external dosimetry & angular divergence.

Downstream UFT<sup>™</sup> Monitor External Enclosure Depth (in beam direction): ~ 5 inches

<u>"True" 2D-Position & Ultra-High Beam Profile Resolution</u>: ~ 1 μm (depending on readout/update time)

Proton Beam Energy Loss through UFT<sup>™</sup> Monitor:

< 0.30 MeV (downstream) at 70 MeV\*, and ≤ 0.03 MeV (upstream, in vacuum) at 70 MeV

< 0.18 MeV (downstream) at 140 MeV\*, and ≤ 0.02 MeV (upstream, in vacuum) at 140 MeV

< 0.14 MeV (downstream) at 210 MeV\*, and ≤ 0.01 MeV (upstream, in vacuum) at 210 MeV

<u>Proton Beam Gaussian profile</u>,  $\sigma = 3.500 \text{ mm}$ . Lateral Spread ( $\sigma$ ) 70-cm downstream from nozzle due to monitor materials (1<sup>st</sup> column); due to air (2<sup>nd</sup> column); and due to monitor + air (3<sup>rd</sup> column):

| at 70 MeV*: ≤ <b>0.024 mm</b> (monitor);  | <b>3.875 mm</b> (70-cm air); | <b>3.899 mm</b> (monitor + 70-cm air) |
|---|------------------------------|---------------------------------------|
| at 140 MeV*: ≤ <b>0.006 mm</b> (monitor); | 3.612 mm (70-cm air);        | 3.618 mm (monitor + 70-cm air)        |
| at 210 MeV*: ≤ <b>0.003 mm</b> (monitor); | 3.550 mm (70-cm air);        | 3.553 mm (monitor + 70-cm air)        |

\*Calculated beam energy loss & lateral spread via TOPAS/Geant4 (<u>http://www.topasmc.org/</u>) simulations.

## **UFT<sup>™</sup> beam monitor applications**

- FLASH-RT (electrons, protons, photons/x-rays and ions)
- Real-time dosimetry resolution/accuracy should be  $\leq 2\%$
- FLASH Intraoperative radiation therapy (Electron IORT)
- Synchrotron based Proton and Carbon-ion EBRT
- Spatially Fractional EBRT (Grid, Lattice, Minibeam, Microbeam)
- Boron Neutron Capture Therapy (BNCT EBRT)
- Noninvasive FLASH Cardiac Ablation (for cardiac arrhythmia)
- Beamline Monitoring high vacuum & ambient air environments

# UFT<sup>™</sup> beam monitor FLASH-RT partners/test-sites

- Looking for collaboration partners and development funding to demonstrate UFT<sup>™</sup> beam monitor under actual FLASH-RT conditions (e.g., with electron, proton and/or photon sources).
- First prototype time-line is ~ 1 year